

South Dakota Farm & Ranch Stress Summit

September 23-25

Arrowwood Cedar Shore Resort & Conference Center in Oacoma, SD



Dr. Mike Rosmann is our Keynote Speaker. Dr. Rosmann is a farmer and psychologist from Harlan, Iowa. He returned home to Iowa during the 80's farm crisis as he felt no one was helping producers. His professional work has since contributed to the understanding of why people farm, the unique characteristics of farmers, and why suicide is unusually common among farmers and ranchers.

For any questions about the Summit, please contact:

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Day 1: Registration: 9:00 am

Event: 10:00 am-5:00 pm

- Dr. Mike Rosmann will present a Keynote Address on the unique stressors producers experience and their barriers to seeking and receiving help.
- There will be several breakout sessions in the afternoon.
- SDSU Extension will present the "Weathering the Storm" Workshop (for producers) in the evening from 6:00-8:00 pm.

Day 2: Registration: 8:00 am

Event: 9:00 am-5:00 pm

- Dr. Mike Rosmann will talk about how to recognize compassion fatigue in farm families, counselors, lenders, veterinarians, FSA staff, and anyone who cares for others, and how to help them.
- SDSU Extension will present the "Communicating with Farmers Under Stress" Workshop.

Day 3: Registration: 7:30 am

Event 8:00 am-5:30 pm

- Mental Health First Aid Training (8-hour certification).

Registration costs:

- Registration: \$25 for 2 days
- Registration with contact hours (for counselors): \$75 for 1 day, \$125 for 2 days;
- Weathering the Storm: \$5;
- Mental Health First Aid (September 25): \$60

To register and for more information visit:
extension.sdstate.edu/events