

## 11<sup>th</sup> Annual Counselor Connections Workshop Agenda

**SDSU Brookings, SD ~ Friday, October 25<sup>th</sup> 2019**

8:00-8:30 Registration Student Union Hobo Room			
8:20 Welcome in Hobo Gallery - Yolanda Price, SDSCA President			
Location	TBD	TBD	TBD
8:30-9:20am	<p><b>Voila! Serving UP</b> <i>CE Hours:TBD</i>  <b>K-12 Career Development Activites</b>                      Andrea Diehm MA, NCC                      Alyssa Krogstrand MS</p> <p>K-12 career development is a vital ingredient for students' well-rounded education. Bring your appetite! Join the chefs to experience hands-on K-12 career development activities. Walk way "full" with lesson plans and activities you can implement in your school setting.</p>	<p><b>What's The Buzz:</b> <i>CE Hours: 0</i>                      SD Early Childhood Mental Health Collaborative Grant Team</p> <p>Coffee , networking, and discussion on current status and needs of early childhood mental health in South Dakota</p>	<p><b>SD Behavior Health Resources</b> <i>CE Hours:TBD</i>                      Jana Sprenger, MS, Certified Addiction Counselor, Prevention Specialist</p> <p>The Department of Social Services, Division of Behavioral Health oversees the publicly funded prevention and treatment provider system. The program would provide an overview of behavioral health services in South Dakota, and resources available in the state.</p>
9:30-10:20 am	<p><b>Parent Book Club:</b> <i>CE Hours:TBD</i>  <b>Raising Digital Natives</b>                      Amanda Bender MS, NCC</p> <p>This presentation will provide an outline for a parent book club on the topic of raising digital natives. You will discover creative ways to collaborate with parents to promote responsible and appropriate use of technology.</p>	<p><b>What is the SD Early Childhood Mental Health Collaborative?</b> <i>CE Hours:TBD</i>                      SD Early Childhood Mental Health Collaborative Grant Team</p> <p>Harnessing federal grant dollars to promote early childhood mental health and increase play therapy workforce</p>	<p><b>Through the Eyes of Mickey Mantle:</b> <i>CE Hours:TBD</i>  <b>Understanding the Impact of Trauma on Boys</b>                      Victor Veith  <i>More info to come</i></p>
10:30 – 11:20am	<p><b>More Joy, Less Stress</b> <i>CE Hours:TBD</i>  <b>Mindfulness Resources For School Counselors</b>                      Sheila Anderson MS, NCC</p> <p>Young people today are experiencing increasingly alarming level of stress and anxiety. Mindfulness and resiliency practices are one set of tools that counselors can use to assist students. This session will explore what is available and how these practices and programs can easily be integrated and used in a school setting, K-12. Mindfulness resources, including programs, videos, apps, books and other mediums will be presented. Participants will learn simple, effective daily practices that will lead to more joy, less stress, better focus and better school climate.</p>	<p><b>Play therapy techniques With Preschoolers</b> <i>CE Hours:TBD</i>                      Staci Born, Ed.D, LMFT, RPT-S</p> <p>Since the State of SD introduced the reduced tuition high school dual credit program, the number of students in the HSDC program has grown significantly. This has greatly about dual credit and trade ideas.</p>	<p><b>Sanford Harmony Overview</b> <i>CE Hours:TBD</i>                      More information to come</p>
11:20-12:30pm	Lunch on your own		

<p>12:30-1:20pm</p>	<p><b>Don't Let the New ASCA National Model Ruffle Your Feathers</b> <i>CE Hours:TBD</i>          Andrea Diehm, MS, NCC          Alyssa Krogstrand, MS</p> <p>ASCA recently unveiled the ASCA National Model, Fourth Edition, providing a framework for implementing a comprehensive school counseling program. This framework for school counseling programs provides the key components to make a positive impact on student achievement, attendance and discipline</p>	<p><b>Enough Abuse: Thinking About School Counseling w/ Cognitive Complexity</b> <i>CE Hours:TBD</i>          Melita Rank, DSW Licensed SKK'er, QMHP          Teresa Thie, Licensed SKK'er LSW</p> <p>The Enough Abuse Campaign offers educational information to parents, youth, professionals and other concerned adults to prevent people from sexually abusing children today and to prevent children from developing abusive behaviors in the future. The Enough Abuse Campaign is designed to teach prevention as well as how to respond to disclosure.</p>	<p><b>Thought Leaders Summit</b> <i>CE Hours:TBD</i>          Sanford Harmony</p> <p>More information to come.</p>
<p>1:30-2:20pm</p>	<p><b>Who Can? You Can! RAMP</b> <i>CE Hours:TBD</i>          Randi Hartman, MS, NCC, LPC</p> <p>Becoming a RAMP school is the best way to evaluate your school counseling program. During my presentation I will go over the application process and share my personal story including thoughts on what worked best for me and what I would have done differently. Attendees will have an opportunity to work on their own RAMP plans during this extended session. I hope that when leaving my presentation other school counselors feel empowered to take on the RAMP process.</p>		<p><b>This is (Not) About Drugs: An Opioid Misuse Youth Prevention Program</b> <i>CE Hours:TBD</i>          Kristine Ramsay-Seaner, PhD, NCC</p> <p>This is a free, opioid misuse prevention program available for youth grades 6-12. This teaches students about the risks of prescription opioid misuse and provides students with information on how to help others. The goal is to prevent youth opioid misuse as well as equip students with the knowledge to make healthy decisions. Please attend this program to determine if this free, resource is a good fit for their school.</p>
<p>2:30 – 3:20pm</p>		<p><b>Laughter &amp; Lullabies</b> <i>CE Hours:TBD</i>          Staci Born, Ed.D, LMFT, RPT-S</p> <p>Play based techniques to enhance resilience and emotional regulation</p>	<p><b>NAMI – Ending the Silence</b> <i>CE Hours:TBD</i>          Mallory Kloucek, MSAS          Marilyn Charging, Education and Outreach Specialist</p> <p>NAMI Ending the Silence is an engaging presentation that helps audience members learn about the warning signs of mental health conditions and what steps to take if you or a loved one are showing symptoms of a mental health condition. Audience members can ask questions and gain understanding of an often-misunderstood topic. Through dialogue, we can help grow the movement to end stigma.</p>
<p>3:20 – 4:00 pm</p>	<p><b>CHRD Hosted Ice Cream Social ~ Graduate Student Poster Sessions ~ Community Resource Fair</b></p>		
<p>4:00 – 4:50 pm</p>	<p><b>So What! A Simple Method for Responding to Bullies</b> <i>CE Hours:TBD</i>          Kim Goebel, MS          Jolaine Bain, MS</p> <p>So What! Students need techniques for dealing with bullies. Come hear about this simple method which consists of easy to use responses to bullies and empowers students to stand up for themselves and others! Its fresh take on how to deal with bullies and easy to apply techniques will be a nice addition to empowering students to stand up for themselves!</p>	<p><b>Understanding ACES And Building Self-Healing Communities</b> <i>CE Hours:TBD</i>          Nikki Eining CSW-PIP, QMHP          Shelly Fuller CSW</p> <p>The AceInterface curriculum supports training focused on types of childhood maltreatment, prevalence of trauma, the neurobiological impacts of trauma, and how to support positive change within your school community. Training will also include education associated with perception of relationship from the student, and emotional regulation/co-regulation strategies applicable in the school environment to support students who experience trauma responses.</p>	<p><b>Stronger Families Program</b> <i>CE Hours:TBD</i>          Mary Ann Slanina – Youth Educator          Dace Price – Youth Educator</p> <p>The Stronger Family Program (YFS) teaches an evidence-based, healthy relationships skills course for high school students in many Western South Dakota high schools. This curriculum embodies an innovative approach that address positive youth development, life skills, healthy relationships, dating violence and pregnancy prevention. These goals, typically addressed in separate programs, are integrated and embedded into one comprehensive healthy relationship skills program.</p>

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