

10th Annual Counselor Connections Workshop--SDSU Student Union Brookings, SD

Friday, November 2nd, 2018		
8:30-9:00 a.m. Registration - SSU 0169 (Campanile and Hobo Day Gallery)--Light breakfast provided		
9:00-9:20 a.m. President's Welcome & National Guard Update - Julie Nelson, SDSCA President & Jared Richter, SDNG		
Room: SSU 0169 Campanile & Hobo Day Gallery		
9:30-11:30	<p>Adverse Childhood Experiences (ACE's) <i>CE Hours: 2</i> Teresa Thie, LSW and ACE's Trainer- Children's Home Society</p> <p>The purpose of this training is to ensure that individuals working with the community understand the dynamics that trauma has on an individual and community level. Discussion will include the ACEs study and understanding the brain development and epigenetics of a person who has experienced trauma in addition to an explanation of the connection between brain development and adaptive behaviors in people who have experienced trauma. It will also cover resiliency and participants will leave with a better understanding of their role in building self-healing communities.</p>	
	Room: SSU 0169 Campanile & Hobo Day Gallery	Room: SSU 0269 Waldner
11:40-12:30	<p>Opioid Use Prevention <i>CE Hours:1</i> Michelle Majeres & Dodi Haug-Certified Prevention Specialists: Volunteers of America-Dakotas</p> <p>This presentation will provide basic information about opioids and how prevalent the misuse rate is in South Dakota. Counselors will also be introduced to resources and materials that can be used in schools and communities to prevent the misuse of opioids.</p>	<p>An Introduction to Mindfulness <i>CE Hours: 1</i> Christine McMeekin-Hemmingstad, MA, CSC, Elk-Point Jefferson</p> <p>Mindfulness is being present and aware of what you are experiencing in the moment. This includes awareness of thoughts, emotions, physical sensations and the environment. Mindful Schools has been training educators who then train children about mindfulness for over 10 years. The benefits of mindfulness meditation include emotional regulation, attention, stress reduction, compassion and resilience. Workshop participants will learn about mindfulness, and the research behind the benefits of mindfulness meditation. Participants will also learn a mindfulness meditation technique.</p>
12:30-1:30: Lunch on Your Own		
1:30-2:20	<p>ABC's of CAC's & Child Maltreatment <i>CE Hours: 1</i> Amanda Liebl, M.A., Forensic Interviewer-Sanford Child's Voice</p> <p>This presentation will cover best practices in the field of child maltreatment investigations. The school counselor is often called upon to assist when a child reports maltreatment or when there is a concern for maltreatment. This presentation will equip the counselor with knowledge and tools to appropriately address the maltreatment concern and provide information on what happens after the child has left the school counselor's office.</p>	<p>Rethinking Readiness in the 21st Century <i>CE Hours: 1</i> Scott DesLauriers, M.E., Deputy Director-South Dakota Board of Technical Education</p> <p>What does it actually mean to be ready in the 21st Century? "College and career readiness" is often used, but rarely defined. Our current definitions aren't wrong; rather, they're incomplete and lack an emphasis on the noncognitive factors related to readiness. In this session, explore the demands of a 21st Century society, the future of work, and evidence-based models, practices, and programs to meet these demands.</p>
2:30-3:20	<p>South Dakota Suicide Prevention <i>CE Hours: 1</i> Jana Sprenger, BS, CAC, CPS-South Dakota Department of Social Service, Division of Behavioral Health</p> <p>This presentation will provide a comprehensive overview on suicide prevention in the state of South Dakota including: information on community coalitions and activities, community resources, available trainings to the public, data trends and prevention efforts' outcomes. There will also include focus on the Bethe1SD campaign, released in April of 2018 targeting youth ages 10-24. The Bethe1SD marketing materials will be provided.</p>	<p>Advising Students: Technical Institutes: <i>CE Hours: 1</i> A Q&A with Admissions Counselors Scott DesLauriers, M.E., Deputy Director-South Dakota Board of Technical Education</p> <p>With an increasing emphasis and recognition of technical education's value, advising students interested in pursuing postsecondary education at a technical institute is becoming more common and equally challenging for school counselors. This session is a Q&A-style format, where admissions counselors from South Dakota technical institutes deliver "5 in 5": five key takeaways in five minutes. For the remaining time, you're free to ask questions related to technical education admissions processes and best practices.</p>
3:20-3:40	Break: SDSU Ice Cream Provided by the SDSU CHRD Department	

3:45-4:30	<p>Confidentiality or Privilege-Which is it? <i>CE Hours: 1</i> Scott Swier, Prof. LLC, CEO, Founder & Managing Partner, Swier Law Firm</p> <p>Many counselors in South Dakota's schools may not understand the difference between Privilege and Confidentiality. Because Privilege and Confidentiality are so fundamentally different, it is easy to get these two important topics confused. Participants will also take away from the presentation a practical understanding of how these two concepts may intersect and how to make sure that a student's contact with their school counselor is properly protected under South Dakota law.</p>	<p>State Level Resources & Supports <i>CE Hours: 1</i> for School Counselors Implementing Comprehensive School Counseling Programs: Dissertation Results Summary Stacy Solsaa, Ph.D, NCC, NCSC, LPC-MH, QMHP, Lutheran Social Services</p> <p>Find out what school counselors from 15 different states across the United States report as supports offered to them during implementation of their CSCPs. Learn about the relationship to these supports and having a fully implemented CSCP. Also hear suggestions for state and local leaders to help provide better support for school counselors during the implementation of CSCPs.</p>
4:40-5:30	<p>How do the New Graduation Requirements effect my students? <i>CE Hours: 1</i> Andrea Diehm, MS, NCC, CSC-South Dakota Dept. of Educ. Alyssa Krogstrand, MS, School Counselor, Pierre, SD</p> <p>Over the summer, new graduation requirements were adopted by the Board of Education Standards. Wondering how to explain the new graduation requirements and advanced endorsements to your students? Check out how a student's interests, abilities and the course selection process can work together to meet the needs of each student.</p>	<p>Let's Play in School: <i>CE Hours: 1</i> Strategies for implementing & techniques for delivering play-based techniques in school counseling Staci Born, EdD, LMFT, RPT-S, SDSU Celeste Uthe-Burrows, PhD, LMFT Krista Groeneweg, MS Ashley Williams, MS</p> <p>School counselors may utilize play-based techniques with children to establish a working relationship, connect with those who lack verbal self-expression, and to assist older children who show resistance or an inability to articulate difficulties. This program provides an overview of strategies to implement play therapy techniques in schools and 10 school-based play therapy activities to incorporate in the school counseling setting.</p>

Saturday, November 3rd , 2018

8:30-9:00 a.m. Registration SSU 0169 (Campanile and Hobo Day Gallery)--Light breakfast provided

Location	SSU 0169 Campanile & Hobo Day Gallery	SSU 0269 Waldner
9:00-9:50	<p>Get in the Zone: <i>CE Hours: 1</i> Utilizing the Zones of Regulation Curriculum Amanda Bender, MS, NCC, School Counselor, Lead-Deadwood</p> <p>As school counselors one of our primary focuses is social/emotional development. Increasingly we are seeing students that do not have the skills to self-regulate their emotions. This presentation will explore the many ways you can utilize <i>The Zones of Regulation</i> curriculum to provide students with sensory and cognitive behavioral strategies for social-emotional learning and self-regulation in the school setting.</p>	<p>Be Ready for it: <i>CE Hours: 1</i> School Counselors' Experiences with Subpoenas & Testifying in Court Daniel A. DeCino, Ph.D., Counselor Education & Supervision-USD</p> <p>Subpoena and courtroom testimony experiences can be intense, intimidating, and unexpected experiences for school counselors. This presentation will provide results from 14 school counselors' experiences with subpoena and courtroom testimony. Recommendations for school counselors will also be provided in order to help school counselors be better prepared for future subpoena and courtroom testimony experiences.</p>

10:00-10:50	<p>Hello Xello! <i>CE Hours: 1</i></p> <p>Welcome to the new SMyLife!</p> <p>Megan Tatum, BS, Career Development & SMyLife Specialist, Department of Education Andrea Diehm, MA, NCC, School Counseling & Work-Based Learning Specialist, Department of Education</p> <p>Participants will gain information about the new program for SMyLife, called Xello. This session will focus on how to maximize student engagement and development of SMyLife profile. The facilitator will dive into the student view, provide an overview of the educator portal, answer frequently asked questions and share implementation ideas. SMyLife is a free career exploration and academic planning resources for all 6-12 grade SD students.</p>	<p>Unlocking the Leader Within <i>CE Hours: 1</i></p> <p>Jeff Heavlin, MS, School Counselor, Sioux Falls School District</p> <p>Components of leadership will be discussed, and applicable resources will be shared to help school counselors recognize, capitalize, and build upon leadership skills in order to better help themselves in their work environment. A primer on organizational structure for SDSCA, SDCA, and ASCA will be provided to help participants better understand these organizations and their potential for leadership within them.</p>
11:00-11:50	<p>Technology in School Counseling <i>CE Hours: 1</i></p> <p>Renee Anderson, MS, School Counselor, Harrisburg School District</p> <p>Data! Lessons! Games, OH MY! Find simple, fun and engaging ways to use technology in your school counseling program! Between Google Drive, Kahoot, FlipGrid, and other apps we will work to push your program to be RAMP ready. You will leave this session with a list and understanding of great resources to use for school counseling. <i>*PLEASE BRING YOUR COMPUTERS*</i></p>	<p>School Counselor Advocacy <i>CE Hours: 1</i></p> <p>Ashley Seeklander, MS Ed., School Counselor, Groton Area School District</p> <p>Advocating for a school counseling program can seem like a daunting task. However, finding the right characters, tools, and utilizing basic counseling skills, we can show what a comprehensive school counseling program can do for our students. Participants will walk away with advocacy tools for their school counseling program.</p>

SDCA Contact information

Rebecca Christiansen-ACEP Administrator
P.O. Box 95, Aberdeen SD 57402-0095
sdca.counseling@gmail.com
www.sdscounseling.org



The South Dakota Counseling Association has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 2042. Programs that do not qualify for NBCC credit are clearly identified. The South Dakota Counseling Association is solely responsible for all aspects of the programs